


Tredyffrin Easttown School District Elementary School Menu

<p>Oct. 27</p> <p>Meatball Sand.</p> <p>Pears, baby carrots Sliced cucumbers Milk Selection</p>	<p>Oct. 28</p> <p>Chicken Nuggets w/ Roll</p> <p>Tator Tots, Broccoli w/ dip Orange Smiles Milk Selection</p>	<p>Oct. 29</p> <p>Hot Dog on a Bun</p> <p>Green Beans Peaches Milk Selection</p>	<p>Oct. 30</p> <p>Soft Shell Taco</p> <p>Lettuce, Tomato, Cheese Roasted Corn Carrot Sticks Grapes Milk Selection</p>	<p>Oct. 31</p> <p>Happy Halloween</p> <p>Mickey's Pizza Wedge</p> <p>Black Beans Salsa Tossed Salad Orange Jello Milk Selection</p>
<p>Nov. 3</p> <p>Pancakes, sausage, syrup</p> <p>Hash Browns Fresh Fruit Selection 100% juice Selection Milk Selection</p>	<p>Nov. 4</p> <p>No School</p> 	<p>Nov. 5</p> <p>Chicken Sticks w/ Roll</p> <p>Baked Beans Apple Wedges Milk Selection</p>	<p>Nov. 6</p> <p>Nachos w/ Beef And Cheese</p> <p>Carrots w/ Tarragon Lettuce, Tomato Tossed Salad Mixed Fruit Milk Selection</p>	<p>Nov. 7</p> <p>Personal Pan Pizza</p> <p>Green Beans Caesar Salad Peaches Milk selection</p>
<p>Nov. 10</p> <p>Popcorn Chicken with Dipping Sauce</p> <p>Tator Tots, Broccoli w/ dip Orange Smiles Milk Selection</p>	<p>Nov. 11</p> <p>Cheeseburger</p> <p>Chicken Noodle Soup Pears Milk Selection</p>	<p>Nov. 12</p> <p>Ham and Cheese on a Pretzel Bun</p> <p>Corn Peaches Milk Selection</p>	<p>Nov. 13</p> <p>Soft Shell Taco</p> <p>Lettuce, Tomato, Cheese Black Bean salsa Carrot Sticks Fresh Grapes Milk Selection</p>	<p>Nov. 14</p> <p>Mickey's Pizza Wedge</p> <p>Broccoli w/ Cheese Applesauce Milk Selection</p>
<p>Nov. 17</p> <p>Pizza Dippers w/ Marinara</p> <p>Pears Baby Carrots Sliced Cucumbers Milk Selection</p>	<p>Nov. 18</p> <p>Toasted Cheese Sand.</p> <p>Tomato Soup Goldfish Peaches Milk Selection</p>	<p>Nov. 19</p> <p>Chicken Nuggets w/ Roll</p> <p>Baked Beans Apple Wedges Milk Selection</p>	<p>Nov. 20</p> <p>Chicken Patty Sand.</p> <p>Pears, Broccoli w/ Cheese Cucumber Slices Milk Selection</p>	<p>Nov. 21</p> <p>Stuffed Crust Pizza</p> <p>Green Beans Tossed Salad Apple Crisp Milk Selection</p>

Weekly Specials Offered

<p>Week 10/27 – 10-31</p> <p>B. BLT Wrap w/ Cheese C. PB&J D. Taco Salad</p>	<p>Week 11/3 – 11/7</p> <p>B. Ham and Cheese Sand. C. PB&J D. Chicken Caesar Salad</p>	<p>Week 11/10 – 11/14</p> <p>B. Yogurt Bites C. PB&J D. Taco Salad</p>	<p>Week 11/17 – 11/21</p> <p>B. Hot Dog C. PB&J D. Tuna Salad Sand.</p>
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Elementary Breakfast Meal \$1.40
Four Items:
1. Bread 2. Protein 3. Fruit 4. Milk
You may take all four items, but must take at least three items to count as a Meal. You may take two breads or one bread and one protein and one fruit and one milk.
Choose from the following:
1 Bagel 2 sm muffins 1 Cereal & 1 sm muffin
French Toast & Sausage Patty
Fresh Fruit 4oz 100% Fruit Juice
Milk



Elementary School Lunch Meal \$2.75
Five Items:
1. Protein 2. Bread 3. Fruit 4. Vegetable 5. Milk
You may take all five items, but must take at least three items, with one of the three items being a fruit or vegetable to count as a lunch. Entrée's usually count as two items (Protein, Bread).
Choose One Entrée:
(Protein, Bread)
Choose up to Three:
(choose 1 Fruit & up to 2 Vegetables)
Choose One:
(1% white, skim white & non-fat chocolate milk)
(Water is available for an additional cost of \$.70)

CAFETERIA ACCOUNT
Please include your child's name and pin # with all pre-payments. You may also pay online at www.paypams.com. FREE registration (\$1.95 fee for online deposits)

Notes about our Menu
 Milk is available with each meal: 1% White, Non-Fat White or Non-Fat Chocolate
 A minimum of 1 Fresh Fruit & 1 Fresh Veg are available with each meal, as well as 4oz Apple and Grape Juice